

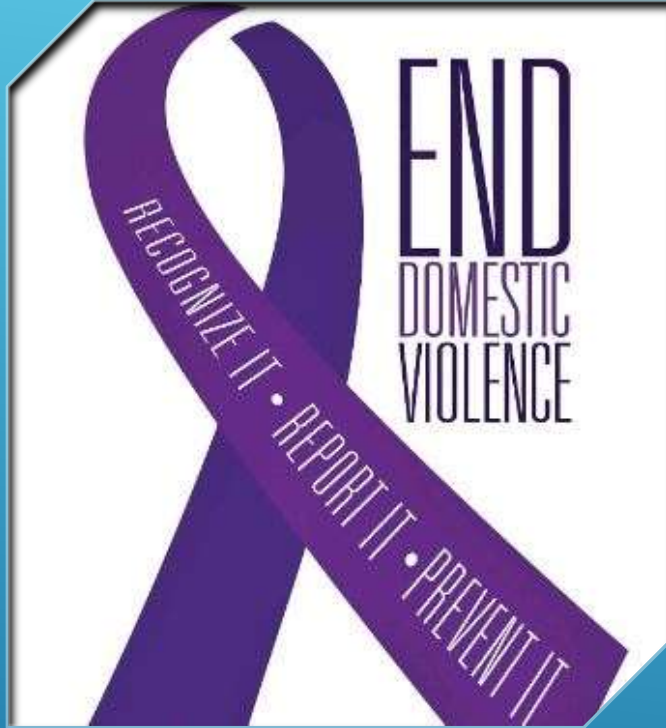


**SAFEGUARDING**



# SAFEGUARDING OVER THE HOLIDAYS

Years 8 -10



- ▶ As we enter the Christmas season we are mindful that for many, Christmas can be a very challenging time.
- ▶ You can talk to a trusted adult.

# BUT WHO IS A TRUSTED ADULT? –

PLEASE CLICK ON THE LINK

<https://www.youtube.com/watch?v=bOz7mhVvlZc&feature=youtu.be>





*Counselling*

THE COUNSELLING WEBSITE WILL  
ALLOW YOU TO CONTACT THE  
SCHOOL COUNSELLOR, AT ANY  
TIME.

DETAILS CAN BE FOUND ON THE  
SCHOOL WEBSITE.

Contact details:

Tel: 028 3834 2825

Text: 077 0220 8559

Email: [info@linkscounselling.com](mailto:info@linkscounselling.com)

Further number:

Tel: 028 9521 1441

Text: 077 0636 0057



Whatever you're facing  
We're here to listen

Call free day or night on  
**116 123**

Email  
jo@samaritans.org

**SAMARITANS**

samaritans.org

**ChildLine**

**0800 1111**



# CHILDLINE AND SAMARITANS

**domestic and  
sexual abuse  
helpline  
0808 802 1414**







LOOK AFTER YOUR SELF AND LOOK OUT FOR EACH OTHER.

WE WISH YOU A MERRY CHRISTMAS AND A HAPPY NEW YEAR!!